

Do you care for
someone with
memory
loss?



Join a research study of
the University of California,
San Francisco

**Rural Dementia
Caregiver Project**



**A free online workshop
may help you!**

**The workshop lasts 6-weeks
and is completely online!**

You can access the workshop
at any time of day from
anywhere in the
United States



Am I eligible?

You may be eligible if you are a caregiver of a family member or friend with memory loss and are:

- 18 years of age or older
- Able to access the internet
- Provide care for a family member or friend for at least 10 hours per week

To check if you are eligible go to our website:

caregiverproject.ucsf.edu



For general questions, please call our toll-free line at:

1-833-634-0603

Monday-Friday

9:00 am PST- 4:00 pm PST