7 TH ANNUAL MARYLAND Living Vell CENTER OF EXCELLENCE

T R A I N I N G A C A D E M Y





CELEBRATING MARYLAND'S POWERFUL PARTNERSHIPS

AAAs

Aetna Better Health of MD (Medicaid Managed Care) Atlantic General Hospital CRISP – Chesapeake Regional Information System for Patients Frederick Regional Health System Chronic Care Clinic Geriatric House Calls Health Departments Health Quality Innovators (QIN/QIO) Johns Hopkins Geriatric Workforce Enhancement Program Keswick Community Health Maryland Department of Aging Maryland Department of Health Maryland Department of Disabilities Maryland Association of Area Agencies on Aging MedStar Health PASRR (Maryland Older Adults Behavioral Preadmission Screening and Resident Review Organization) Peninsula Regional Medical Center University of Maryland Medical System





CELEBRATING MARYLAND'S POW!ERFUL PROGRAMS





Living Healthy with High Blood Pressure

CHRONIC DISEASE SELF-MANAGEMENT EDUCATION PROGRAMS









STATEWIDE REACH CDSME GRANT 2015-2018 FINAL NUMBERS

| Total number | Target | % of | Total | Target | % of |
|---------------------|--------------|------|-------------|------------|------|
| of | number of | goal | number of | number of | goal |
| participants* | participants | to | completers* | completers | to |
| | | date | | | date |
| | | | | | |
| 5292 | 4000 | 132% | 3995 | 3000 | 133% |

* Information in the National CDSME Database as of August 21, 2018



ROI – \$ SAVING FOR STATE OF MD FROM CDSME IMPLEMENTATION



Potential healthcare cost savings per person MD Program delivery cost Net Cost Savings \$1,154.32 \$<u>219.00</u> \$935.32

2017 Number of CDSME 65+ completers 1,018 Estimated savings in Maryland healthcare cost = \$1,7

I,018 X \$935.32 = **\$1,764,020.69**



HYPERTENSION SESSION 'O' HAS BEEN A SMASH!ING SUCCESS!



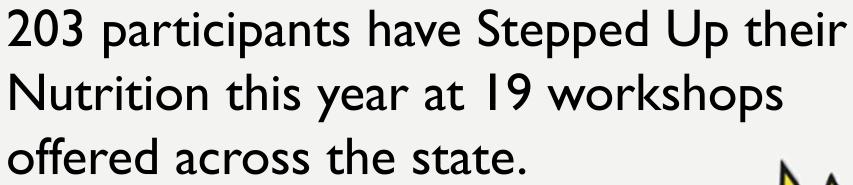
329 participants have attended 40 workshops offered by 14 agencies across the state in 2018.

STATEWIDE REACH STEPPING ON 2016-2018 WITH 1 YEAR EXTENSION



| Total number of participants* | Target number of participants | % of goal to date | Total number of completers* | Completion rate to date | | | |
|--|-------------------------------------|----------------------|--------------------------------|----------------------------|--|--|--|
| 1477 | 2600 | 57% | 1005 | 68 % | | | |
| Stepping & One Steppi | | | | | | | |

STEPPING UP YOUR NUTRITION PACKS A POW!ERFUL PUNCH!







NEW 2018 CDSME GRANT GOALS AUGUST 1, 2018 – JULY 31, 2021



| | Total | Target | % of | Total | Target | % of |
|--------|---------------|--------------|------|-------------|------------|------|
| | number of | number of | goal | number of | number of | goal |
| | participants* | participants | to | completers* | completers | to |
| | | | date | | | date |
| | | | | | | |
| CDSME | 131 | 3500 | 3% | 93 | 2450 | 3% |
| PEARLS | 0 | 300 | 0 | 0 | 150 | 0 |

* Information in the National CDSME Database as of August 21, 2018

