

7TH ANNUAL



**TRAINING
ACADEMY**

SEPTEMBER 6, 2018



CELEBRATING MARYLAND'S **POW!**ERFUL PARTNERSHIPS



AAAs

Aetna Better Health of MD (Medicaid Managed Care)

Atlantic General Hospital

CRISP – Chesapeake Regional Information System for Patients

Frederick Regional Health System Chronic Care Clinic

Geriatric House Calls

Health Departments

Health Quality Innovators (QIN/QIO)

Johns Hopkins Geriatric Workforce Enhancement Program

Keswick Community Health

Maryland Department of Aging

Maryland Department of Health

Maryland Department of Disabilities

Maryland Association of Area Agencies on Aging

MedStar Health

PASRR (Maryland Older Adults Behavioral Preadmission Screening and Resident Review Organization)

Peninsula Regional Medical Center

University of Maryland Medical System



CELEBRATING MARYLAND'S **POW!**ERFUL PROGRAMS



**DIABETES
PREVENTION
PROGRAM**

Living Healthy with High Blood Pressure



CHRONIC DISEASE
SELF-MANAGEMENT
EDUCATION PROGRAMS



Stepping  On © Clemson & Swann (2017)



PEARLS™



STATEWIDE REACH CDSME GRANT 2015-2018 FINAL NUMBERS



Total number of participants*	Target number of participants	% of goal to date	Total number of completers*	Target number of completers	% of goal to date
5292	4000	132%	3995	3000	133%

* Information in the National CDSME Database as of August 21, 2018



ROI – \$ SAVING FOR STATE OF MD FROM CDSME IMPLEMENTATION



Potential healthcare cost savings per person	\$1,154.32
MD Program delivery cost	<u>\$219.00</u>
Net Cost Savings	\$935.32

2017 Number of CDSME 65+ completers 1,018 X \$935.32
Estimated savings in Maryland healthcare cost = \$1,764,020.69



ROI for CDSME = **427%**

HYPERTENSION SESSION 'O' HAS BEEN A **SMASH!**ING SUCCESS!



329 participants have attended 40 workshops offered by 14 agencies across the state in 2018.

STATEWIDE REACH STEPPING ON 2016-2018 WITH 1 YEAR EXTENSION



Total number of participants*	Target number of participants	% of goal to date	Total number of completers*	Completion rate to date
1477	2600	57%	1005	68%



Stepping  On

STEPPING UP YOUR NUTRITION PACKS A **POW!**ERFUL PUNCH!



203 participants have Stepped Up their Nutrition this year at 19 workshops offered across the state.



NEW 2018 CDSME GRANT GOALS

AUGUST 1, 2018 – JULY 31, 2021



	Total number of participants*	Target number of participants	% of goal to date	Total number of completers*	Target number of completers	% of goal to date
CDSME	131	3500	3%	93	2450	3%
PEARLS	0	300	0	0	150	0

* Information in the National CDSME Database as of August 21, 2018



**WHICH
SUPERHERO
ARE YOU?**